

## Vacancy Nursing for Hope South Africa

### **General project information**

Project name: New Hope Care Hospice, Grabouw

Project type (practical/research/policy): practical

Intended for interns from following fields: General Nursing or Palliative Care Nursing background

Total project duration: Ongoing

Preferred starting period: flexible

Number of students required: 2

### **Project description**

Background of the project:

New Hope Care Grabouw is a New Hope project & Hospice facility situated in the community of Grabouw in the Western Cape, 60km's outside of Cape Town and serves a peri-urban & fruit farming community with a population of about 65,000 people. Grabouw has a known HIV infection rate of 13.8% and a high TB infection rate of 10% (2012 Stats). 40% of households survive on less than R2000 (\$140) a month.

New Hope Care Grabouw offers the following nursing & health services:

- Provision of a 24hr Holistic Palliative & General Nursing Care for patients with HIV/AIDS, TB, Cancer & terminally ill in its 7 bed In Patient Unit.
- Impeccable follow up care & Adherence support & follow up care through daily home visits in patient's homes to ensure that vulnerable patients are cared for & maintain their health, morale and dignity. This service is offered by our Home Based Care Unit
- Patient assessments & referrals of patients to the appropriate Hospital facilities
- Assisting of patients & their families in the community to have access to health care management by providing transport to patients who are too ill to get to the Grabouw Day Hospital or ensuring that they access the clinical care management that they need.
- Provision of Health Education and information for patients to assist them with improving their quality of life and ensure that they have the knowledge to be able to make wise and informed decisions
- Assistance for patients in accessing nutritional or social grants where needed
- Provision of Spiritual & Emotional support & care for the patient and their family as they deal with the impact of their illness/disease
- Raising HIV/AIDS & TB awareness in the community through health education talks, testing & screening services which are offered by our Health Counselling & Testing Walk in & Mobile Unit. The testing services offered are free and are aimed at helping the community to turn the "tide against HIV/AIDS & TB" in the community.

Problem Statement: Very high infection and disease rates in the community

Goal: To help turn the "tide against HIV/AIDS & TB" in the community of Grabouw through the provision of our Palliative Care services. Provide "Hope through Caring"!!

Role of the Intern:

- To work as directed under the supervision of the Nursing Managers in the In Patient & Home Based Care Units.
- Work in liaison with the Medical Doctors and other service providers e.g: Physiotherapists, Occupational therapists, Dietician, etc
- Be part of a team that provides holistic Palliative Nursing Care to HIV/AIDS, TB, Cancer & terminally ill patients
- Be able to assist with patient assessments, patient observations, wound care, pressure area care, patient nutrition and General Nursing Care duties
- Infection control knowledge & skills

- Record keeping, giving of feedback & collation of Patient Stats
- Measurable end product (report/advice/development/product):
- Achievements & input during your practical time at New Hope Care
  - Evidence of Patient centred Nursing Care, report & feedback

#### **Facilities for Intern**

Supervision on appropriate project field: In Patient & Home Based Care Nursing Managers and Project Manager

Degree of Supervisor: Registered Nurse Degree/Diploma and Palliative Care Speciality Qualifications

Workspace for the Intern: New Hope Care Grabouw In Patient & Home Based Units/departments

Introduction and guidance during the project: Introduction tour to all Hope projects

#### **Intern requirements:**

- Maintain & abide by New Hope Foundations Code of Conduct
- Agree to sign an Oath of Confidentiality when working with HIV/AIDS patients
- No unauthorised pictures to be taken
- Ability to work under pressure
- Ability to work & engage with underprivileged & vulnerable patients in the community
- Ability to work with HIV/AIDS & terminally ill patients and be non-judgemental
- Ability to work with Hospice Patient Care Standards & Policies
- Good Communication skills
- Conflict resolution skills
- Ability to learn, train others and willing to be flexible
- Be a Team player

#### **Fully self funded or reimbursement for accommodation & transport:**

Intern is to be Fully self funded

Accommodation options: New Hope Village Accommodation or private

Please note New Hope Care Grabouw does not include transport, arrange with Let's Go Africa

Other criteria/selection procedure: As per the New Hope Volunteer Coordinator

#### **Role Let's Go Africa**

- \*Assists with all preparations and organisational support for the internship
- \*Matches vacancy with intern's personal and University criteria
- \*Publishes vacancy on the online internship board of different Universities in the Netherlands
- \*Sends intern's CV to the partner and does personal screening of candidates
- \*Ensures accommodation costs are transferred to accommodation owners beforehand



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